

OCTOBER 1, 2019

Idaho City Middle/High School Newsletter



IMPORTANT DATES:

- **ICOE Day:** Oct 3rd
- **Inservice (No School):** Oct 4th
- **Lost & found items donated:** Oct 4th
- **Idaho City Splash 5K walk/run:** Oct 5th
- **Volleyball Senior Night:** Oct 8th
- **Homecoming Week:** Oct 7 - 11
- **PTA Meeting:** Oct 7th
- **MS Theatre Performance:** Oct 15th
- **PSAT (Sophomores & some Juniors):** Oct 16th
- **End of MS/HS Quarter:** Oct 18th
- **Retakes - School Pictures:** Oct 24th
- **Trunk or Treat (PTA):** Oct 26th
- **Career Fair -** Nov 5th



ICOE Day- Oct 3rd

All Basin School District students will participate in an outdoor learning day as part of our (ICOE) Idaho Center for Outdoor Education Program. Students will spend the majority of the day on the school's ICOE property for a variety of fun learning activities. Please help remind your students to be prepared by dressing appropriately for the weather and the outdoors conditions and to bring a water bottle.

Idaho City Splash 5K walk/run - Sat, Oct 5th

If a 5K is your thing, come run/walk this true cross country course with valleys, hills, twists, turns, and a big SPLASH at the end! Hosted by ICBS Cross Country. The event starts at the ICBS football field at 10:30am. For more information and registration go online:

<https://tinyurl.com/y7exvyf7>

OR

<https://www.facebook.com/IdahoCityICOEXC5K/>

May also send in cash or check made to: ICBS XC.

PTA

The PTA would like to encourage Middle/High School parents to attend meetings and consider joining. The PTA would like to expand to include the MS/HS and help find meaningful ways of supporting the older students as well as the younger students. New members that join will get a PTA shirt as part of the enrollment fee! For more information please contact PTA President, Chris Wilmoth at: ferrellsgulchforge@gmail.com

- Next Meeting: October 7th @ ICBS Computer Lab (Previously known as Library)
- PTA would like to thank everyone who came out and supported the PTA Bingo Night!
- Oct 26th: PTA will host a trunk or treat - more details to come!

PTA Amazon Smiles

The Basin PTA is participating in the Amazon Smiles program which allows Amazon users to select a charity of their choice for donations. Use the link smile.amazon.com and choose Basin School PTA for your charity. Thank you for your support!

MS Theatre Performance - Oct 15

The middle school theatre class will be presenting a play for the Pre-K and Kindergarten classes at 2:45pm on Tuesday, October 15 and for family and friends that evening at 6:00 pm in the MS/HS Computer Lab/Theatre Room (Previously known as MS/HS Library). All are welcome to attend the evening performance!

PSAT

All sophomores and some juniors will be taking the PSAT on October 16th. The PSAT is the "Preliminary (practice)" SAT, which is a college entrance exam. The PSAT is FREE for all sophomores and \$17 for any junior that wishes to take it for more practice. Most colleges require the SAT or ACT as an admission requirement. Taking the SAT (or ACT) is also a graduation requirement in the state of Idaho. Please try to ensure your child(ren) is at school this day, as there is no make up time/days for this test.

Lost and Found

MS/HS lost and found items have been laid out on tables for the past week in the cafeteria. Unclaimed items will be donated Friday, October 4th.

Homework Club

Homework Club is held on Mondays and Wednesdays from 3:30pm - 5pm in the multi-media room (old MS/HS Library). This support is available to all middle school and high school students who need a place to study or who need some academic support.

College/Career Counseling

College and Career Counseling are available for all students. These opportunities are provided to all students through classroom lessons, small group, and/or individual guidance. For more information please contact Mrs. Bell

Mrs. Bell has a website with a variety of resources such as: College Planning, Career Exploration, ICHS Graduation Requirements, Scholarship Information, ACT/SAT Resources, and Mental Health Resources. To access this website go to:

<https://sites.google.com/basinschools.net/ichsmscounselorresources/home>

Basin District Wellness Center

- Basic Needs Pantry (Hygiene items, school supplies, winter clothes (boots, gloves, hats, coats), basic clothes.) Contact Bundy Moore: bmoores@basinschools.net
- Garden Valley Family Medicine
 - To schedule appointments call: 208-392-4139
 - Open: Every Wednesday and the first Tuesday of the month
- Counseling Services: Evergreen Behavioral Health. Contact Bryan Beddoes: 208-890-3787

Basin Schools Website: www.basinschools.net

LUMEN: Student and Parent Links on the District Website www.basinschools.net

*****Lumen Login information was sent out via email to parents on Aug 27th. Please check your email inbox and spam folder if it is not in your inbox.*****

Lumen Parent Portal - On the top of the page, you will see a light bulb icon. Click on it and you can log in to see your student's grades, attendance, etc. For MS/HS

students, place a 3 in the location. The parent portal has a new look from previous years. Please contact Kendra Lanham if you need your Lumen login for your student. klanham@basinschools.net

New Security System

We have a new security system with magnetic locking doors and cameras throughout the campus. Visitors will need to enter the front doors by pressing the button and speaking into intercom/camera on the right-hand side of the door. Wait for the office to unlock the doors, you may enter after you hear the door unlock.

School Resource Officer (SRO)

David Gomez

See this section for the latest updates and suggestions from SRO David Gomez for online safety and drug and alcohol safety. Blurbs taken from his Facebook page:

What is a good age to get my child a phone?

First of all, not all phones are created equal. Gizmo's and other child wearable devices do not have the same dangers associated with them as smart phones. Gizmo's are a very good alternative to giving your child an actual phone and can be given to kids as young as 7 or 8. The Gizmo will be good till about the age of 12 before they might be teased at school for wearing such a device.

Flip phones are also not as dangerous as smart phones in that they have limited capabilities. Be aware that kids can use the flip phone as a hotspot and circumvent router restrictions at home. Flip phones also allow texting which can easily be deleted by children before entering your house. Flip phones are probably good for 10 year olds and up. Understand that children get distracted easily and the chance of your flip phone being left some place and lost are high. Standard parenting practices of cell phone checks and knowing who your children are in contact with still apply with a flip phone.

Smartphones are what most parents want to give their children these days. So what age do you decide to give your child a smartphone?

All social media applications require children to be at least 13 to operate the application on their own. There is no reason for any child to have a smart phone under the age of 13. Parents will tell me all kinds of reasons why their child is different than every other

child but they really are not. With the exception of a few medical technology situations kids do not need a smartphone.

From looking all around and talking with many kids and adults there are two main reasons parents give kids smart phones before the age of 13. The first reason parents give kids cell phones is to keep them distracted. Distracted busy children allow parents to have time to do other things that they might not be able to do. The second reason parents give kids cell phones is because parent's themselves cave in to the peer pressure of everyone else's kids having cell phones. It's tough for parents to have the only kid in the sixth grade who does not have their own smartphone.

Parents also like to give their kids smartphones so they can stay connected to their kids 24/7. I'm not sure this is healthy as it keeps children from having to make certain decisions and figuring out problems on their own. It should be noted that adult predators are also taking advantage of being connected to your children 24/7. In many cases, predators are having more conversations with kids than their parents are.

Smart phones are going to present some dangers to your children that you can not comprehend. There will be pornography, predators, scammers, bullies, politics, salesman, peer pressures, and countless other dangers most parents can not understand. Smartphones will also enable the replacement of your family values with those of social media norms which happens in adults as well as children.

Once you give a child a smartphone they will have access to pornography at their fingertips. Many parents feel they can regulate the smartphone well enough to eliminate pornography or they can talk their child into not looking at pornography. I will say that parents fall very short on both of these implementations of anti-pornography on cell phones.

So here is the simplest thing I can tell you about what age you should give your child a smartphone:

- 1) Your child should be at least 13 years of age before getting a smartphone.
- 2) You should be comfortable with your child viewing pornography. I know a lot of parents will not be ok with their children viewing pornography. As children will be seeing pornography on their smart phones it is highly suggested you have discussions about how

they will handle the pornography they see. Pornography (especially the kinds available these days) has the possibility of changing a young mind forever.

Deputy Gomez

ICHS/MS WILDCAT ATHLETICS UPDATES

Tue Oct 1st

HSVB vs Wilder 6/7pm

Thur Oct 3rd

Idaho Center for Outdoor Education (ICOE) Day
MS/HS CC at Treasure Valley Community College
4pm (Depart 11AM)
MSVB vs Notus 330/430PM
MSFB vs Notus 4PM
HSVB at Riverstone 6/7PM (Depart 4PM)

Fri Oct 4th

NO SCHOOL-Teacher Inservice
HSFB at Wilder 7PM (Depart 3PM)

Homecoming Week Oct 7-12

Athletic schedule may change. Please watch for weekly email and use our website for the most up-to-date athletic schedules